

# Capability Statement

## Company Overview

**Hopewell Health Solutions** is a multi-disciplinary, women- owned team of psychologists, therapists, and wellness experts/presenters who are committed to community wellness and action-oriented education. We are experienced in contracting with federal and local agencies as well as commercial clients.

## Core Services

- Large Group Presentations/ Trainings- some current topics are: Brain Training/Optimization, Mindful Mindset, and Connected Communication Strategies.
- Small Group Presentations/Trainings
- Individual Consultations

## Other Services Provided

- Testing/Assessment
- Executive Coaching
- Team Building

## Differentiators

- Highly trained and culturally diverse staff- 5 Ph.D.'s and 7 Master's Educated. The HHS Team works collaboratively to customize each project for the client. All training materials are developed by Dr. Schlichting, PhD and her team.
- Training is presented in a multimedia and interactive format to provide participants "real life training" which is highly effective and creates immediate opportunities for the "roll out" of the material.

## Past Performances

- Social Security Administrators Annual New England Conference – May 2016- Reference Claude Murdy, [claudemurdy@ssa.gov](mailto:claudemurdy@ssa.gov)
- Pratt and Whitney- on- site wellness program- starting June 2016
- Manchester Board of Education- since 2015- Current contract to do psychological assessments. Reference – Shelley Matfess, Director of Pupil Personnel- [smatfess@mpspride.org](mailto:smatfess@mpspride.org)

❖ "It was such a pleasure to attend your session on mindfulness. I took a lot of notes and plan to share my notes with my children and the staff at my office. I enjoyed it so much and really feel like such a session should be mandatory at all companies."- Claude Murdy, SSA Executive, CT

## Hopewell Health Solutions

### Company Data

EIN: 46-202-1473

CAGE Code: 7NLQ4

DUNS Number: 036115760

NAICS Codes:

621330 \* 512110 \* 541611 \* 541612\* 541720

561990 \* 611430 \* 611710 \* 621112 \* 621420

623220 \* 624110 \* 624190 \* 813319 \* 813410

SAM Registrations: Active

Accepting Credit Cards: YES

Business Size: Small Business, Women-owned/Minority Owned Supplier

Certifications: State of CT Licensed Psychologist

### Contact Information:

Kristine Schlichting, PhD – Director

Hopewell Health Solutions, LLC

33 Pratt Street

Glastonbury, CT 06033

Phone: 860-946-0447

Fax: 860-430-6861

Email: [hhs4help@gmail.com](mailto:hhs4help@gmail.com)

Facebook: Hopewell Health Solutions

Website: [www.hopewellhealthsolutions.com](http://www.hopewellhealthsolutions.com)

Linked In: <https://www.linkedin.com/in/kristine->





# Hopewell Health Solutions

*Central CT's Premier Psychology Group Practice*

33 Pratt Street  
Glastonbury, CT 06033,  
Phone: 860-946-0447

## Testimonials/Recommendations for Hopewell Health Solutions

- **Amazing Reputation-** Hopewell Health Solutions is one of the **most sought** after practices for mental health counseling and consultation.
- **Amazing Feedback-** **95% of participants** said it was **“excellent”**, **95% “would recommend to friends and family”** and **100%** of participants said they were **“likely** to use the strategies taught in the training.” 100% of participants “enjoyed” the training.
- **Innovative, Relevant, and Fun Trainings with Real Life Solutions**
- “The presenter provided **great alternatives to dealing with life’s stressors**. Great real life examples that I could relate to. Thank you.” – D. M., Executive
- “I **enjoyed the interaction with Dr. Schlichting** and the employees present for the program. I liked the videos and learned a lot.” – R. L., Executive
- “**Multi-media and changing it up** with numerous examples to allow us all to make a connection with material and lesson was wonderful.- J. B., Executive
- “Enjoyed it all- **fabulous. Loved it.**”- B.P., Executive
- Great presentation, **light-hearted, fun, good humor and relevant material.**”- M. B., Executive
- “I did not know what to expect and was **blown away by the presenter and the information**. I learned how to be effective and less stressed at my job and in my life. I will be sharing this information with my employees.”- J.K., Executive
- **Hire us to help make your workplace more productive, efficient, and more enjoyable. We have the solutions to your problems! Contact us for a consultation: 860-946-0447 or [hhs4help@gmail.com](mailto:hhs4help@gmail.com)**